ANTIMICROBIAL SUSCEPTIBILITY OF Shigella spp. STRAINS ISOLATED IN FORTALEZA, CEARA, BRAZIL

Ila Fernanda Nunes Lima, Pedro Henrique Quintela Soares de Medeiros, Marjorie Moreira Guedes, Mariana Duarte Bona, Luis Carlos Rey, Alexandre Havt and Aldo Angelo Moreira Lima

Institute of Biomedicine for Brazilian Semiarid, Federal University of Ceará, Fortaleza, Ceará, Brazil

Shigella is a major cause of dysentery throughout the world. The high antimicrobial resistance has been a concern for disease control. This study aimed to characterize Shigella strains regarding to antimicrobial susceptibility to a large group of drugs. Shigella strains were isolated from children belonged to previous epidemiologic studies performed in Fortaleza-CE, Brazil, between 2010 and 2014, and were derived from the collections of the Institute of Biomedicine for Brazilian Semiarid. Standard microbiological methods followed by immunoagglutination assay were used for identification of Shigella spp.. Antimicrobial susceptibility tests were performed using the Kirby-Bauer disk diffusion method. Mueller-Hinton agar plates were used with the following antimicrobial discs commercially available: ampicillin (AMP), amikacin (AK), amoxicillin/clavulonate (AMC), azithromycin (AZT), ceftriaxone (CRO), cefuroxime (CEP), cephalothin (CEF), ciprofloxacin (CIP), chloramphenicol (CLO), gentamicin (CN), nalidixic acid (NA), sulfamethoxazole/trimethoprim (SXT) and tetracycline (TET). Intermediate zones were interpreted as resistant for analysis. Resistance to at least one drug was observed in 100% of the isolates. The highest resistance rate was detected to SXT (80.9% - 17/21), followed by CEF (76.1% - 16/21), AMP and AZT (71.4% - 15/21, for both). There was moderate to low resistance to TET (38.1% - 8/21), AMC (36.8% - 7/19), CLO (9.5% -2/21), AK, CRO and CN (4.7% - 1/21, for each one). All strains were sensitive to CIP, CRO and NA. Regarding to multi-drug resistance patterns, 85.7% (18/21) of Shigella strains were resistant to more than two antimicrobials, being 27.8% (5/18) and 38.9% (7/18) resistant to three (being SXT+TET+CEF the most frequent pattern) and four drugs (being SXT+TET+CEF+AZT the most frequent pattern), respectively. This study shows high rates of multidrug resistance in Shigella strains circulating in Fortaleza-CE, Brazil. All Shigella strains were resistant to at least one antimicrobial tested, observing high resistance rates to STX, CEF, AMP and AZT and elevated rates of multidrug resistance patterns.

Keywords: Shigella spp., antimicrobial susceptibility, multidrug resistance

Financial Support: CNPq