

1 ANTIMYCOBACTERIAL ACTIVITY OF *Zingiber officinale* ESSENTIAL OIL

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18 **Introduction:** Non-tuberculous mycobacteria (NTM) form a large group within the
19 genus *Mycobacterium* spp. and shows broad environmental distribution. Some NTMs
20 are responsible for a wide range of human diseases, affecting mainly lung and soft
21 tissue. In the search for new drugs against bacteria, some essential oils (EOs) have
22 shown important activity in NTM. The chemical composition of EOs is a mixture of
23 volatile constituents which may be responsible for the activity against some pathogens.
24 *Zingiber officinale* Roscoe (ginger), is a perennial herbaceous plant native to tropical
25 Asia and its EO exhibited several biological activities. **Objective:** In this sense, we
26 evaluated the *in vitro* activity of *Z. officinale* essential oil (GEO) against some NTM of
27 clinical importance. **Methods:** Rhizomes of *Z. officinale* were subjected to a
28 hydrodistillation process in a Clevenger-type apparatus and GEO was analyzed using a
29 gas chromatograph coupled to a mass spectrum in order to identify the compounds by
30 comparison of their retention index obtained. The activity was carried out against
31 *Mycobacterium abscessus*, *Mycobacterium chelonae*, *Mycobacterium massiliense* and
32 *Mycobacterium smegmatis*, by broth microdilution method using Müeller-Hinton Broth
33 with cations adjusted. **Results:** The analyses of GEO showed a total of 63 compounds
34 characterized by a high amount of sesquiterpenes hydrocarbons (49.04 %) followed by
35 monoterpenes oxygenated (23.16 %), monoterpene hydrocarbons (16.58 %),
36 sesquiterpenes oxygenated (9.65 %), diterpenes oxygenated (0.27 %), phenylpropanoid
37 (0.45 %) and cetone (0.30 %). The main compounds in GEO was α -zingiberene (16.40
38 %). The minimal inhibitory concentration (MIC) of GEO against NTM ranged from
39 15.6 to >250 $\mu\text{g/mL}$, being the lowest MIC values observed against *M. chelonae* and *M.*
40 *massiliense* (MIC 15.6 $\mu\text{g/mL}$). **Conclusion:** The results of this study showed that GEO
41 has activity against fast-growing mycobacteria. Nevertheless, further studies are in
42 progress to explain the action mechanism of GEO against these pathogens.

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44 **Keywords:** ginger, essential oil, non-tuberculous mycobacteria.