Título: Growth Modelling of Salmonella and E. coli on Conventional Lettuces

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Resumo: Leafy greens are widely consumed worldwide specially to prevent various kinds of diseases. However, the association of foodborne outbreaks to fresh produce is increasing around the world. Several pathogens and risk factors can be associated with fresh produce, being Salmonella and pathogenic Escherichia coli frequently cited. Lettuce (lactuca sativa L.) is one of the most consumed leafy green around the world, as well as in Brazil, especially due to its low cost and all year availability. The aim of this study was to assess the growth modelling of Salmonella and Escherichia coli on conventinal lettuces sold in hypermarkets of Southern Brazil. Curly variety lettuces were purchased from hypermarkets and strains of E. coli ATCC 8739 and Salmonella Enteritidis SE86 were innoculated on the crops, being incubated at the desired temperature of 5 °C. 10 °C, 25 °C and 37 °C for 0 hours, 2 hours, 6 hours, 24 hours and 48 hours. The predictive primary model described by Baranyi and Roberts (1994) was used in this study to calculate the growth kinetic parameters of Salmonella SE86 and E. coli on lettuce. The growth curves for each Combase's temperature were built bν fitting data to the **DMFit** (http://browser.combase.cc/DMFit.aspx). The following parameters were obtained: maximum growth rate, lag time and maximum population density. It was observed that at 5 °C and 10 °C in all time intervals analysed no significant growth was obtained, fitting with a linear model. The curves obtained for the other temperatures, except for Salmonella at 37°C, showed a high correlation coefficient (R2 > 0.95). Reaching the temperature of 25 °C, Salmonella and E. coli on lettuce showed a lag time of 1.15 ± 0.55 h and 3.28 ± 4.86 h, respectively. Despite the difference on the lag time, the growth rate and population density were guite similar for both pathogens. However, it was observed that in the first hours E. coli growth faster than Salmonella. This study demonstrated the influence of different temperatures on the growth of distinct microorganisms. Due to this, it can be concluded that if there is some contamination, the lettuce can be kept under 10 °C for 48 hours without a significant increase in microbial load. Above these temperatures a significant growth of microorganisms were observed, being a potential risk for the consumers.

Palavras-chaves: Lettuce, Salmonella, E. coli, Predictive modeling

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